

SNACK ITEMS THAT MEET SB 12

(Abbreviated list suggestions)

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Granola, fruit bars / trail-mix

Chewy granola low fat chocolate chip – GM
Chex Milk n Cereal Bar - GM
Journey apple cinnamon & Journey peanut butter w/fudge chunks – K
Kudos milk chocolate granola w/mini m&m – M
Nature Valley chew trail mix fruit & nut – GM
Nature Valley granola bar oats and honey - GM
Nutrigrain chewy twists apple cobbler & strawberry cheesecake – K
Special K blueberry & strawberry bars – K
Z Bar chocolate brownie & caramel apple – C
Cereal bar Team Cheerios & Trix – GM
Cereal breakfast squares, oatmeal & raisin – Q
Cereal breakfast squares, baked apple, brown sugar cinnamon - Q

Cheese & chips

Cheese cheddar cheese cubes – Kr
Cheese handi snack mozzarella string cheese – Kr
Cheese It crackers – S
Cheese string cheese twirls – S
Cheese string cheese RF low moisture mozzarella – S
Cheetos baked crunchy, flaming hot – FL
Chips baked Lays KC masterpiece, baked Lays original, baked Lays sour cream & onion – FL
Chips crisp ums cinnamon sugar – Q
Chips Genisoy soy crisps apple cinnamon – GN
Chips baked nacho cheese & cooler, baked ranch Doritos – FL
Chips baked Ruffles cheddar & sour cream – FL
Chips light Lays, original, reduced fat nacho cheesier – FL

Cookies & Crackers

Cookies Ahoy thin crisps 100-calorie pack – N
Cookies chocolate teddy grahams, cinnamon teddy grahams, honey teddy grahams – N
Cookies Oreo thins thin crisps 100-calorie pack – N
Cookies RF chocolate chip, sweet discovery carnival, sweet discovery oatmeal raisin – OS
Cookies RF value zone carnival 1oz, RF value zone chocolate chip 1oz, value zone sugar 1oz – OS
Crackers Austin cheese cracker w/PB red fat, Austin toasty w/PB sandwich crackers RF – K-K
Crackers cheese nips thin crisps, animal crackers - N
Crackers backed animal goldfish phy ed, goldfish parmesan - CS
Grahams chocolate giant goldfish, cinnamon giant goldfish - CS
Crackers cheese nips thin crisps – Kr
Crackers elf grahams 1oz – K-K
Crackers Right bites Cheez its 100-calorie pack – Ke
Crackers Ritz Crisp – N
Crackers Wheatables – Ke

(Product Key)

GM=General Mills, K=Kellogg's, K-K=Kellogg's & Keebler, Ke=Keebler OS=Otis Spunkmeyer, Kr=Kraft, N=Nabisco, FL=Frito Lay, CS=Campbell Soup Co, HD=Haagen Dazs, HS=Heartsmart, MM=Minute Maid, DM=Del Monte, D=Dole, S=Sunkist, JJS=JJ Snack, SNY=Snyders, PF=Pepperidge Farms, Q=Quaker, D-Dannon, GN-Genisoy

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Ice cream, frozen dessert & fruit cups

Haagen Dazs raspberry, strawberry & banana sorbet, vanilla yogurt – HD

Frozen dessert ice cream bars strawberry & cream – HS

Frozen dessert juice bars 2.5oz – MM

Fruit cups cherry mixed fruit in plastic cup – DM

Fruit cups cherry mixed fruit in pull top can – DM

Fruit cups fruit bowls peaches – D

Fruit fun fruit 100% fresh ready to eat apples, grapes, orange wedges & pineapple – S

Yogurt creamy fruit blends blueberry, cherry, peach, strawberry, strawberry banana – D

Yogurt Danimals drinkables strikin' strawberry kiwi, swingin' strawberry banana 3.1oz - D

Pretzels & snack mix

Pretzel baked 1oz #3013 – JJS

Pretzel butter snaps, pretzel mini, pretzel snaps, sourdough nibblers – SNY

Pretzel goldfish – CS & PF

Pretzel rold gold heartzels, rold gold tiny twists – FL

Pretzel Rice cake honey nut rice cake mini - Q

Rice snacks quakes caramel corn, cheddar cheese – Q

Snack honey graham crackers – K

Snack mix Chex morning mix banana nut, morning mix cinnamon & fruit & nut, honey nut – GM

Snack mix munchies kids mix 28 gm – FL

Wheat thins mini crisps – N

(*Please keep in mind this is an 'Abbreviated' list – Each parent should use his/her best judgment and please consult your teacher if you have any questions.

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SB 12 (Escutia): School Nutrition Standards - Summary

1. FOOD STANDARDS FOR ALL SCHOOLS K-12

- Strengthens and implements the competitive food standards originally described in SB 19 (Escutia, 2001).
- An individually sold snack may have no more than:
 - 35% of its calories from fat (excluding legumes, nuts, nut butters, seeds, eggs, non-fried vegetables, and cheese packaged for individual sale).
 - 10% of its calories from saturated fat (excluding eggs and cheese packaged for individual sale).
 - 35% sugar by weight (excluding fruits and vegetables).
 - 175 calories (elementary schools)
 - 250 calories (middle and high schools)
- An individually sold entree may have no more than:
 - 4 grams of fat per 100 calories
 - 400 calories
 - And must qualify under the federal meal program

2. **FUNDING:** SB 12 does not contain a requirement that the state increase funding to the federal meal program before implementing nutrition standards for competitive foods.

3. **IMPLEMENTATION DATE:** All food standards become effective July 1, 2007.

4. **SALE TO PUPILS:** Nutrition standards apply only to the sale of items to pupils and do not apply to foods brought from home. **All** groups selling food on campus to pupils are required to follow the standards.

5. **FUNDRAISING EXEMPTIONS:** Foods that do not meet the standards may be sold at least one-half hour after the end of the school-day or off the school premises.

6. **COMPLIANCE:** It will be the intent of the Legislature that the governing board of a school district review yearly its compliance with the specified nutrition standards.

7. **LEAD SPONSORS:** Governor Arnold Schwarzenegger, California Center for Public Health Advocacy and California School Boards Association

8. **CO-SPONSORS:** American Cancer Society, American Heart Association, California Academy of Family Physicians, California School Nutrition Association, Latino Coalition for a Healthy California, California Pan-Ethnic Health Network, and the Statewide Youth Board on Obesity Prevention